

Development Support Team Pune

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Second training program of Community Workers under Mental Health - Jagruti II project

Dates: 5th & 6th June 2026

Venue: DST Office, Aundh, Pune

Development Support Team (DST), Pune organized a two-day training program for Community Workers (CWs) on 5th and 6th June 2026. The training was facilitated by DST trustees Ms. Medha Ranade, Dr. Anil Paranjape and Project Coordinator Ms. Deepali Kshirsagar. The training started with a prayer-*hicha-amuchi-prarthana*---. Then revisiting of the project objectives, training objectives, and ethical guidelines was carried out. On 5th June first half was spent for a monthly meeting of Community Workers the main points discussed were as below:

- Inputs required to organize summer camps
- Overall feedback of the summer camps held at Juni Sangvi and Dapodi on content, resource persons, allotment of time etc.
- Lessons learnt from the camps

Dr. Anil Paranjape briefed on the topic of 'Personal Hygiene' and it was followed by practice sessions by CWs. Medha Ranade provided her inputs on the topic of 'Self Aware', 'Understanding emotions and feelings, and managing emotions'. These sessions helped participants strengthen their understanding of the content and improve their facilitation skills.

The second day started with the recap of the first day. One of the Community Workers took practice session on 'Emotions and feelings. Then Medha Ranade conducted a brain storming session on pros and cons of mobile phones/social media where a long list of advantages and disadvantages of mobile phone was prepared. Medha Ranade also briefed them about how to take a session on this topic for the age group 8-11 and 12-14 years.

Post lunch session was on 'Social Values, Norms and Behavior'. This session was taken by Medha Ranade. After that Dr. Anil Paranjape covered the topic of 'Communicable Diseases'. Both the sessions were very interactive and participatory in nature.

The last session was mainly on planning for future activity of taking sessions for the age group of 8-11 and 12-14 years in the field. The points discussed were:

- Parent meetings to brief them about the activity and to take their consent

- Logistics like place for conducting sessions, suitable time for children etc.
- Need of pre and post assessment of each participant/adolescent
- Books, stationery needed for the activity etc.

Overall, the training hope to improve the knowledge, confidence, and facilitation skills of Community Workers which will help them to carry out forthcoming activities effectively among children 255555and efficiently for the adolescents from the community.

Training Photos:




